

Resources and Hotlines

These national organizations are your connection to local resources in your community.

Telephone Numbers	Websites
Alanon/Aleteen Hotline (888)425-2666 Children of Alcoholics	www.imallgirl.com and www.iagb2info.com Information for educators, parents and children on puberty, communicating skills and much more.
American Anorexia/Bulimia Hotline (800) 522-2230 Eating disorders	www.coolnurse.com Info on teen health issues
Girls and Boys town National Hotline (800)448-3000 Crisis Resource and Referral line	www.coolspot.com Info on drug use and addiction
National Runaway Switchboard (800) 621-4000 Crisis Resource	
National Alcohol and Drugs Helpline (800)622-4357 Crisis Resource	www.kidshealth.org/teen Info on teen health issues
National Center for Victims of Crime (800)394-2255	www.teenpregnancy.org/teen Info on the national campaign to prevent teen pregnancy
National Child Abuse Hotline (800)422-4453	www.mayoclinic.com Info on a wide number of health and disease topics
National Domestic Violence Hotline (800)799-7233	www.nida.nih.gov Resource for drug abuse and addiction
National Drug and Treatment Referral (800)662-4357	www.teengrowth.com Info on teen health issues
National Eating Disorders Association (800)931-2237	www.teenhealthfx.com
National Health Information Center (800)336-4797	
National Hopeline Network (800)784-2433	
National Information Center for Children (800)695-0285 Depression Resources	
National Institute of Mental Health (NIMH) (800)421-4211 Disability and Mental Health Resources	
Planned Parenthood (800)230-7526 Birth Control, Safe Sex and Parenting Help	
SAFE(self abuse finally ends) (800)366-8288	



Resources and Hotlines

These national organizations are your connection to local resources in your community.

Telephone Numbers	Websites
Alanon/Aleteen Hotline (888)425-2666 Children of Alcoholics	www.imallgirl.com and www.iagb2info.com Information for educators, parents and children on puberty, communicating skills and much more.
American Anorexia/Bulimia Hotline (800) 522-2230 Eating disorders	www.coolnurse.com Info on teen health issues
Girls and Boys town National Hotline (800)448-3000 Crisis Resource and Referral line	www.coolspot.com Info on drug use and addiction
National Runaway Switchboard (800) 621-4000 Crisis Resource	
National Alcohol and Drugs Helpline (800)622-4357 Crisis Resource	www.kidshealth.org/teen Info on teen health issues
National Center for Victims of Crime (800)394-2255	www.teenpregnancy.org/teen Info on the national campaign to prevent teen pregnancy
National Child Abuse Hotline (800)422-4453	www.mayoclinic.com Info on a wide number of health and disease topics
National Domestic Violence Hotline (800)799-7233	www.nida.nih.gov Resource for drug abuse and addiction
National Drug and Treatment Referral (800)662-4357	www.teengrowth.com Info on teen health issues
National Eating Disorders Association (800)931-2237	www.teenhealthfx.com
National Health Information Center (800)336-4797	
National Hopeline Network (800)784-2433	
National Information Center for Children (800)695-0285 Depression Resources	
National Institute of Mental Health (NIMH) (800)421-4211 Disability and Mental Health Resources	
Planned Parenthood (800)230-7526 Birth Control, Safe Sex and Parenting Help	
SAFE(self abuse finally ends) (800)366-8288	

